

July 2014

Dear Community Defender!

Did you know that SolanoCounty has the highest rate per capita of diabetes in the State of California?? It is not an honorable distinction that we wish to maintain.

For those of you who live, work and/or play in SolanoCounty – we would like to invite you to help us change to a new list – the list that says we are **DEFEATING DIABETES** in this county. We want to help our citizens learn to live more healthy and active lifestyles.

Sunday, October 5, 2014, NorthBay Healthcare’s VacaValley campus will facilitate a bicycle event for families, as well as, the serious riders. Our mission has always been to help the SolanoCounty community stay healthy. In this economy, it is definitely better to be a pro-active consumer and avoid those trips to the doctor which can be prevented by making healthier choices.

We will be having a fun Ride to Defeat Diabetes on, Sunday, October 5<sup>th</sup>. All the proceeds from this 3<sup>rd</sup> annual event will benefit our NorthBay Diabetes and Endocrinology programs. With your donation, we will help our patients learn how to manage or eliminate their disease by making some simple changes in their lifestyle. We hope they might even wish to ride alongside you! Individual ride pricing is also available and can be viewed online. Please see the flyer.

Won’t you please help – every bit can help to make SolanoCounty a healthier place to live.

- |         |   |                                                                                                                                                   |
|---------|---|---------------------------------------------------------------------------------------------------------------------------------------------------|
| \$1,000 |   | <b>Platinum Sponsor</b> (Name on TOP of Banner, Three Entry Fees waived and three shirts with TOP logo placement).                                |
| \$500   | - | <b>Gold Sponsor</b> (Name on Banner at Event, Two Entry Fees waived and two shirts with second placement of logos on shirts and mention at event) |
| \$250   | - | <b>Silver Sponsor</b> (Name on Banner, One Entry Fee waved and one shirt with logo in descending size and mention at event)                       |
| \$125   | - | <b>Bronze Sponsor</b> – (Logo on shirt and commemorative shirt and mention at event)                                                              |

Please make your check payable to NorthBay Healthcare Foundation and mail to the address below. You can also call 707-646-3132 if you would like to use a credit card. Make sure your check notes R2D2 in the memo.

***Colleen Knight***

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